

CRUSSH VEGAN MENU

VEGAN BREAKFAST

- Coconut & chia overnight oats
- Coconut milk porridge
- Soya milk porridge
- Banana & coconut cacao spread bagel
- Avocado & goji berry chutney bagel
- Seasonal fruit salad

BREAKFAST DEAL

- Any hot breakfast and a coffee £4.25



T's & C's: Available on any hot breakfast item & medium hot drink. Excludes Smart Coffee with Bulletproof™

HOT LUNCH

- Tofu, miso & greens Zero Noodles broth pot
- Vegan soup of the day
- Jackfruit tinga fit bowl
- Beetroot falafel hot super grain salad



Jackfruit tinga fit bowl



Beetroot falafel hot super grain salad

Vegan 'cheese' & red pepper sourdough spelt toastie



WRAPS & TOASTIES

- Curried chickpea masala wrap
- Butternut, harissa & vegan 'feta' wrap
- Avocado, red pepper & cashew nut tapenade wrap
- Falafel & houmous wrap
- The 5-veggie wheat free sandwich
- Vegan 'cheese' & red pepper sourdough spelt toastie



Butternut, harissa & vegan 'feta' wrap

SALADS

- Naked burrito salad box
- Vitality mezze salad box
- Super nutty teriyaki grain salad box

HEALTHPOTS

- Butter bean, cherry tomato & parsley healthpot
- Avocado, yuzu & edamame bean healthpot
- Glorious greens healthpot
- Spicy Asian pickled healthpot
- Spicy satay veggies healthpot



Spicy satay veggies healthpot

SWEET TREATS

- Carrot cake energy balls
- Cacao & hazelnut energy balls
- Almond butter & Bulletproof™ XCT oil POWER BALLS
- Raw fruity flapjack
- Raw nutty flapjack
- Almond milk & chia seed pudding

Lemon tart



Banoffee pot



Choc avo mousse



Key lime pie

- Raw fruity flapjack
- Raw nutty flapjack
- Key lime pie
- Banoffee pot
- Choc avo mousse
- Lemon tart pot

